

Stop Doing, Start Being

Week of January 8, 2018



These Digging Deeper questions can be used the week following the Sunday message. You can use these questions for personal growth and development, or as a guide for your family or Connect Group discussions.

Message Recap:

Read Luke 10:30-42 and Galatians 5:22-23

As a church we've been focusing on Being the Difference—deliberately serving the people in our church and in our community. This is the way we reflect Jesus into a broken world. We've had some great stories from people who chose to Be the Difference for our church and community. Now it's time to think about an important question: are you focused more on “doing” or on “being”? There is a difference between do and be. “Do” is a life filled with lists, tasks, problems, and stress. It's a life designed to impress other people. “Be” is a life focused on Jesus. Being with Jesus. Being like Jesus. Being is about the motivation behind, not the action of “Do.” It's time to start focusing on the Be. Who will you Be the Difference for this year?

Pray

Lord, I see now how I focus more on the *Do* of life and forget to just *Be*. To *Be* with you. To *Be* filled by you. To *Be* you to others. To *Be* like you. Help me focus more on the *Be* and less on the *Do*. I want to Be the Difference to my family, my neighborhood, my community, my church. Show me how to be close to you so I can better reflect you in this broken world.

Getting Started

- When you were young, what did you want to be when you grew up? Did it turn out the way you thought it would?
- Share what you did for the Be The Difference challenge. What impact did it have on you?

Digging Deeper

1. Do you look forward to or dread Mondays? Why? What are the biggest stressors to your week?
2. Is a “To Do” life just a life of trying to impress others? Why or Why not?
3. Read Luke 10:30-42. Discuss the things that differentiated Mary and Martha.
4. In verse 41, Jesus, in essence, told Martha, “*The DO is the distraction; don't be concerned about it; Mary has discovered what is most important.*” What do you think he was really saying to Martha? Does this statement give you an excuse to not “do”, or does it refocus the motivation behind what you do?
5. What had Martha discovered? How can you create more of that in your life?
6. Read Galatians 5:22-23. How do these verses play into a discussion about *Being*?
7. Share with the group whose life God is calling you to Be the Difference for this year.

Living Jesus

Spending time at Jesus' feet, reading the Word, praying, aligning your life with his, is the way you live Jesus. The more time you spend being with Jesus, the more you can be like Jesus to the world. Where is your focus? Are you focusing more on the “To Do” list than the act of being with Jesus? What will you do to change your focus from *doing* to *being*?

Your Story

How has your life changed by being with Jesus more? Share this story with others (and us!) so we can all see how being with Jesus makes a difference.

Share your personal story with us [here](#) or go to MySevernRun.com and choose *Share Your Story* under the *Forms* tab.